

Public Health Plan 2024-28



City of Nedlands





Image description: Use of outdoor recreational facilities.

Contents

Overview	4
Executive Message	5
Context	6
Legislative requirements	6
Integrated Planning and Reporting Framework	8
Background	10
What is public health?	10
What are the State’s public health objectives?	10
What is the City’s role?	10
What are we already doing?	13
Limitations of local government	13
How the plan was developed	15
City of Nedlands community profiles	16
Public Health Plan Strategic Framework	18
Delivery Plan	19
Resourcing	26
Review Schedule	26
Monitoring and Reporting	26

Front cover image description:
Families at Jo Wheatley All Abilities Play Space

ACKNOWLEDGEMENT OF COUNTRY

The City of Nedlands acknowledges the traditional custodians of this land, the Whadjuk people of the Noongar Nation, and pays respect to the Elders both past and present.

Overview

The City of Nedlands Public Health Plan provides a strategic framework for the health and wellbeing of the local community. The Public Health Plan is the City's roadmap to continue to enable a healthy, active and safe community.

Health and wellbeing are influenced by the built, natural, social and economic environments in which we live, work and play. The City has a role to ensure these environments are healthy, safe, clean, green and accessible.

The Public Health Plan aligns with the requirements of the *Public Health Act 2016*, including the objectives and policy priorities of the State Public Health Plan, and is integrated with the City of Nedlands' Integrated Planning and Reporting Framework.

The City's Public Health Plan is considered a rolling plan that will continue to be reviewed on an annual basis, enabling existing and emerging public health issues to be prioritised and addressed.

Executive Message

The City of Nedlands is proud to present the City of Nedlands Public Health Plan 2024-28.

The nature of public health issues which affect our community are constantly evolving. Whilst we no longer have concerns resulting from unclean water and poor sanitation, other public health issues such as mental health, substance misuse, infectious diseases, lifestyle choices, environmental pollution and the climate crisis have emerged.

The development of a Public Health Plan for our City enables us to refine and enhance our public health service provision tailoring these services directly to the unique needs of our community.

The Plan identifies three key pillars to guide and prioritise the City's activities and resources:

- Inspiring, empowering and enabling healthy living.
- Preventing and protecting the community for a healthier future.
- Building resilient community health in a changing climate.

The City of Nedlands Public Health Plan 2024-28, documents our roles and responsibilities, and sets goals to maintain community health now and into the future.

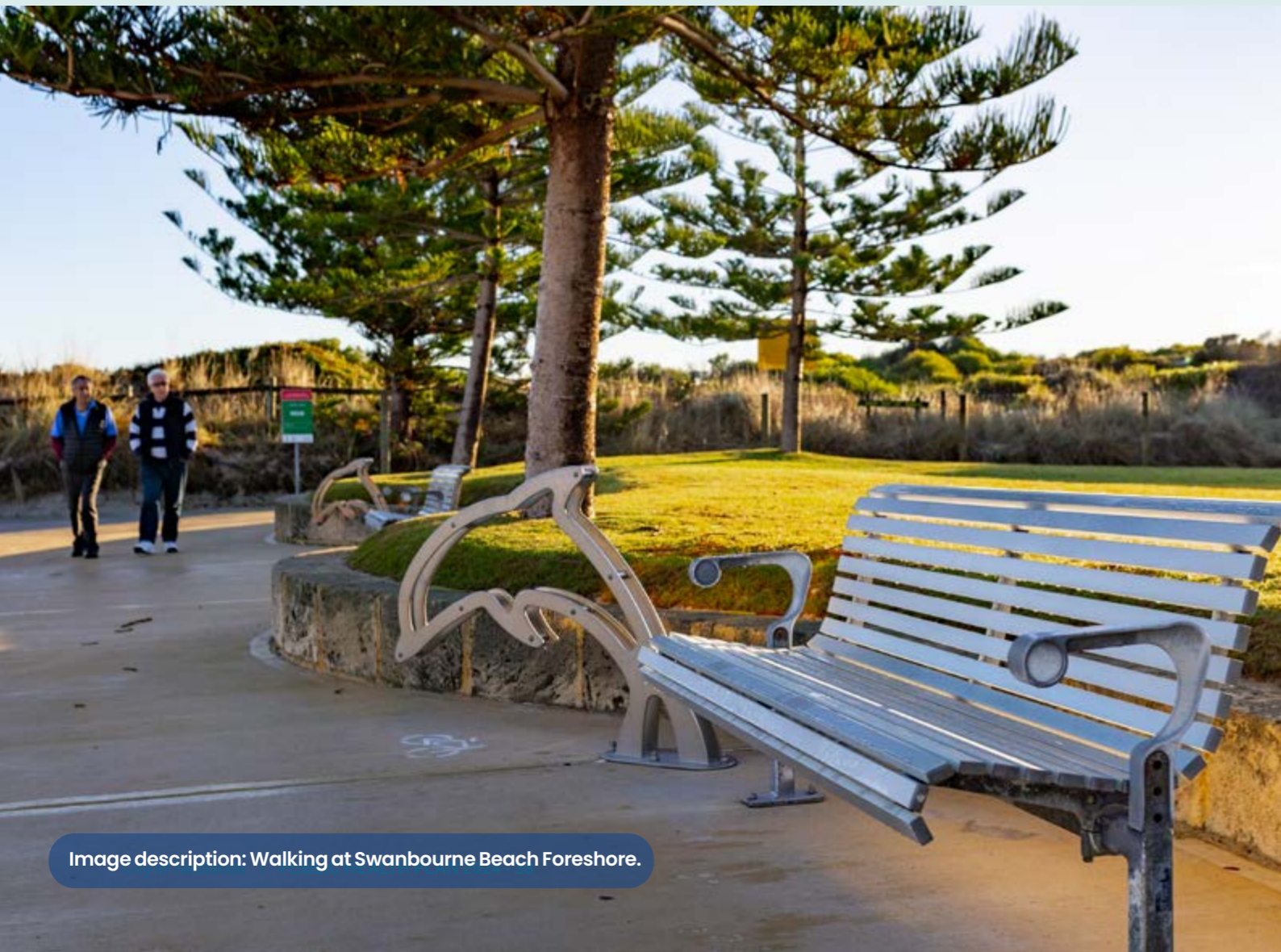


Image description: Walking at Swanbourne Beach Foreshore.

ACKNOWLEDGEMENT

The City of Nedlands acknowledges the contributions of North Metropolitan Health Service in the development of this Public Health Plan.

Context

Legislative requirements

Part 5 of the *Public Health Act 2016* (the Act) requires the State and local governments to develop Public Health Plans as follows:

1. A State Public Health Plan prepared by the state's Chief Health Officer.
2. A Local Public Health Plan prepared by each local government.

This requirement strengthens the responsibility for both the State and local governments to better plan for community public health outcomes.

The Chief Health Officer published the State Public Health Plan in 2019 to support local governments and ensure consistency with the objectives and policy priorities of the State.

A Local Public Health Plan must be consistent with the State Public Health Plan whilst responding to the health needs and risks of its local area.

It must:

- identify the public health needs of the local government,
- include an examination of data relating to health status and health determinants in the local government district,
- establish objectives and policy priorities for the promotion and protection of public health in the local government district,
- describe the development and delivery of public health services in the local government district, and
- include a report on the local government's performance of its functions under the Act.

The City's Public Health Plan has been developed in accordance with these legislative requirements and detailed in Figure 1.



Image description: Recreational water sampling.

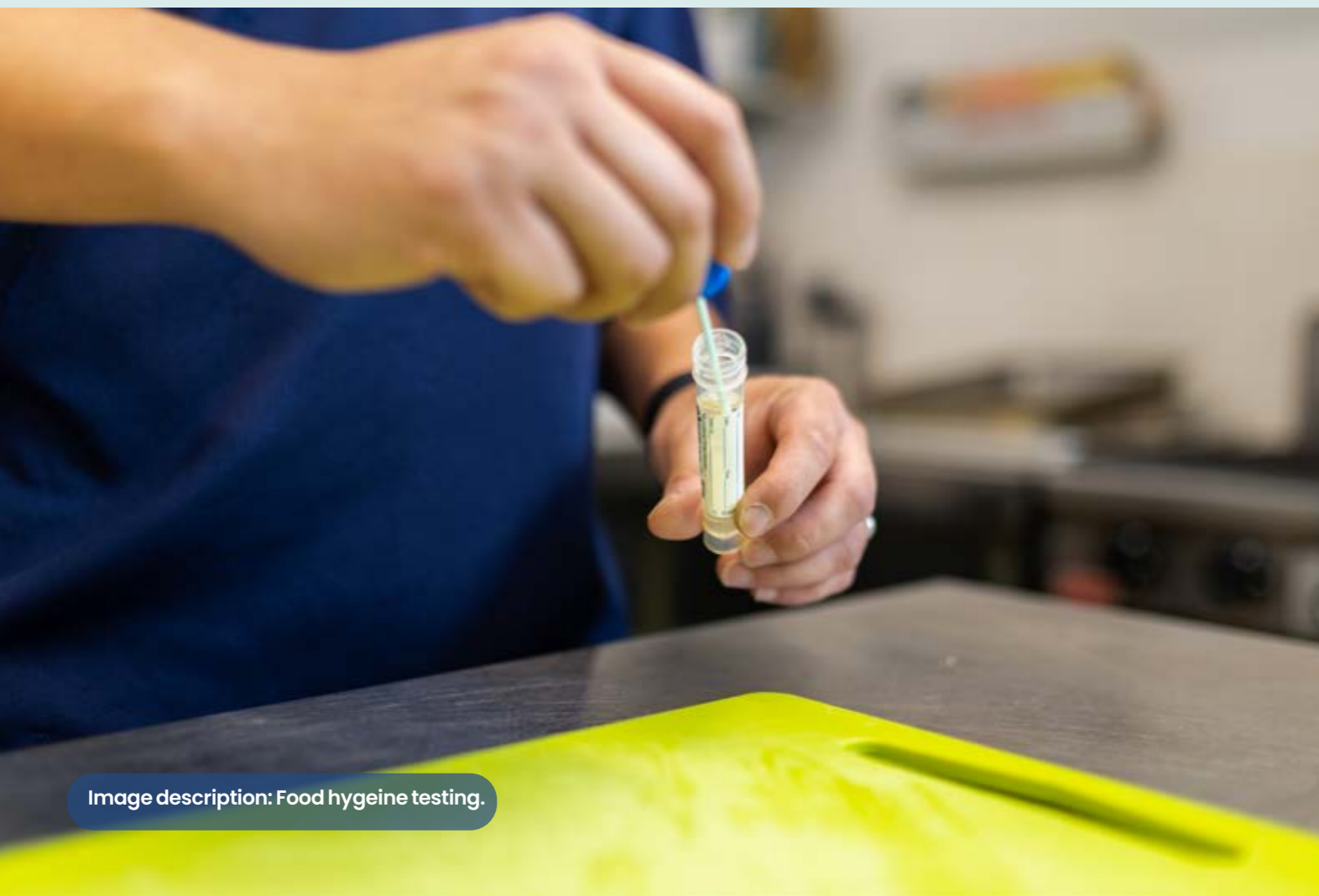


Image description: Food hygiene testing.

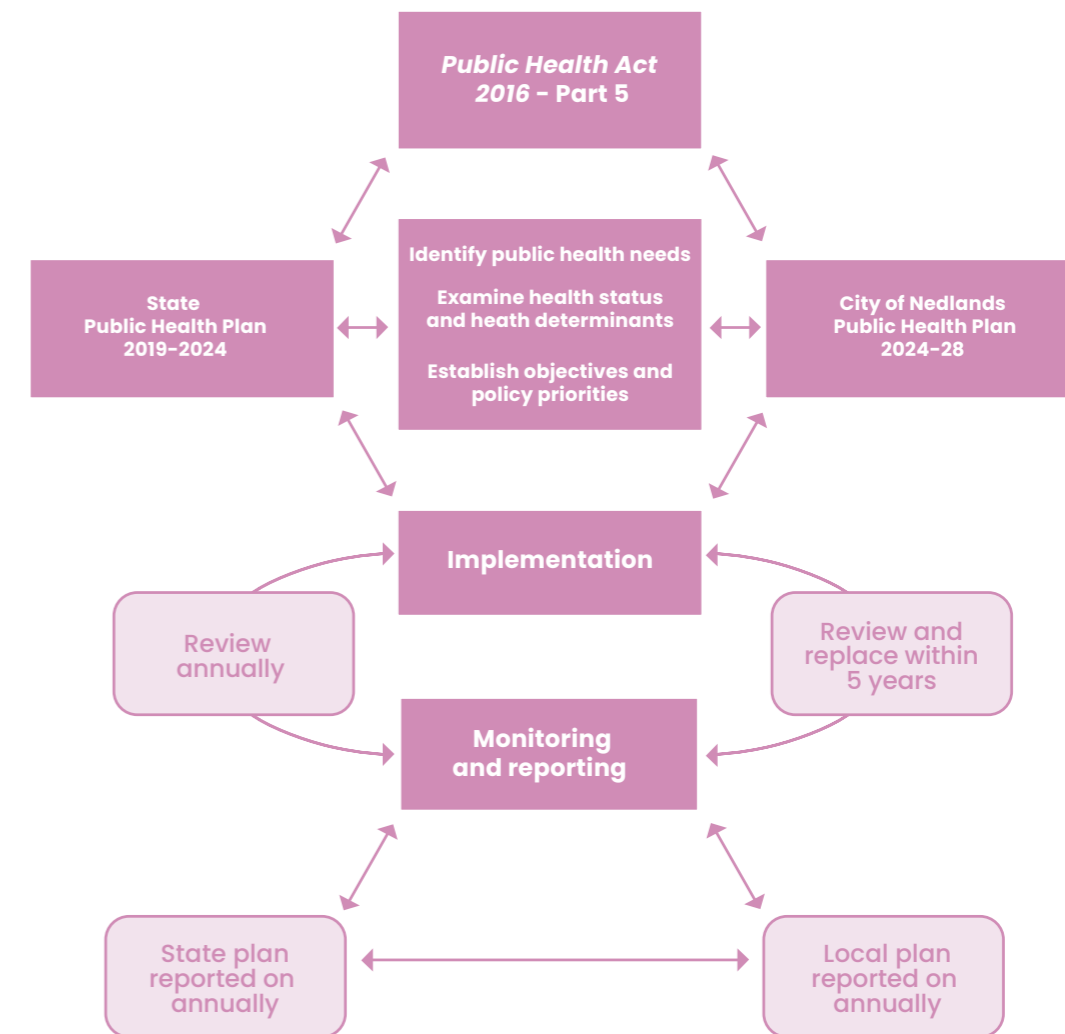


Figure 1. Developing Public Health Plan in accordance with Part 5 of the *Public Health Act 2016*.

Integrated Planning and Reporting Framework

The *Local Government Act 1995* requires every local government to 'plan for the future'. The Public Health Plan is an important piece of future planning that is influenced by, and will feed into, the Council Plan to form part of the City's Integrated Planning and Reporting Framework.

The Council Plan sets out the clear strategic direction for the City reflecting the community's vision, outcomes and strategic priorities for the next 10 years (rolling) and forms the basis for the City's ongoing operations and service delivery over the next four years.

The Public Health Plan is an Issue-Specific Plan within the Integrated Planning and Reporting Framework, expanding on the direction set by the Council Plan in relation to addressing public health local matters.

The Public Health Plan works towards the Council Plan's five strategic pillars (People, Planet, Place, Prosperity, and Performance), in particular 'People', and 12 desired outcomes to achieve the community's vision, specifically:

- 'Outcome 2 – A healthy, active and safe community'
- 'Outcome 3 – A caring and supportive community for all ages and abilities'

Developing the Public Health Plan is a key action of the Council Plan (Action 2.1.1) for delivery in 2023/24.

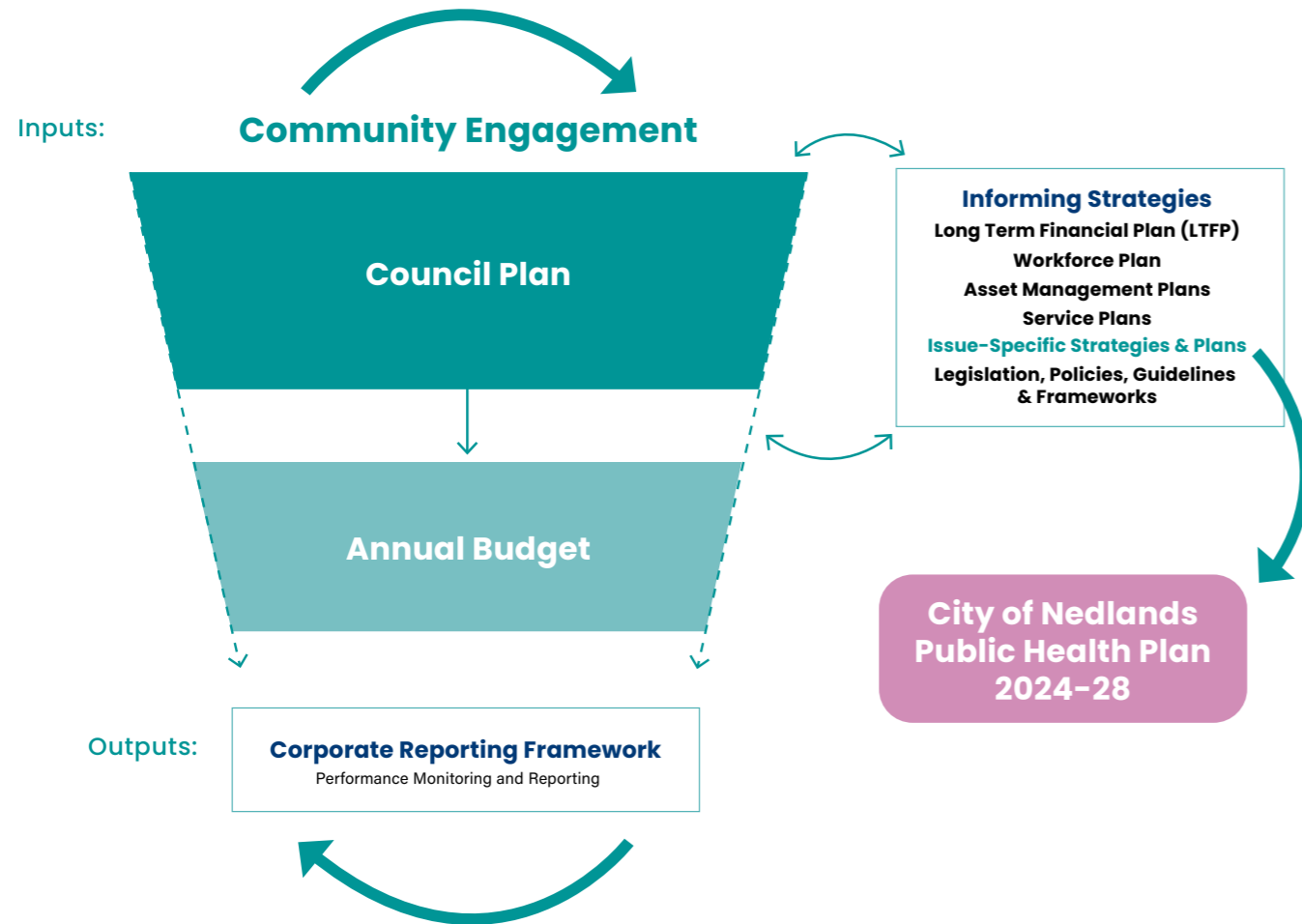


Figure 2. The City of Nedlands Integrated Planning and Reporting Framework.

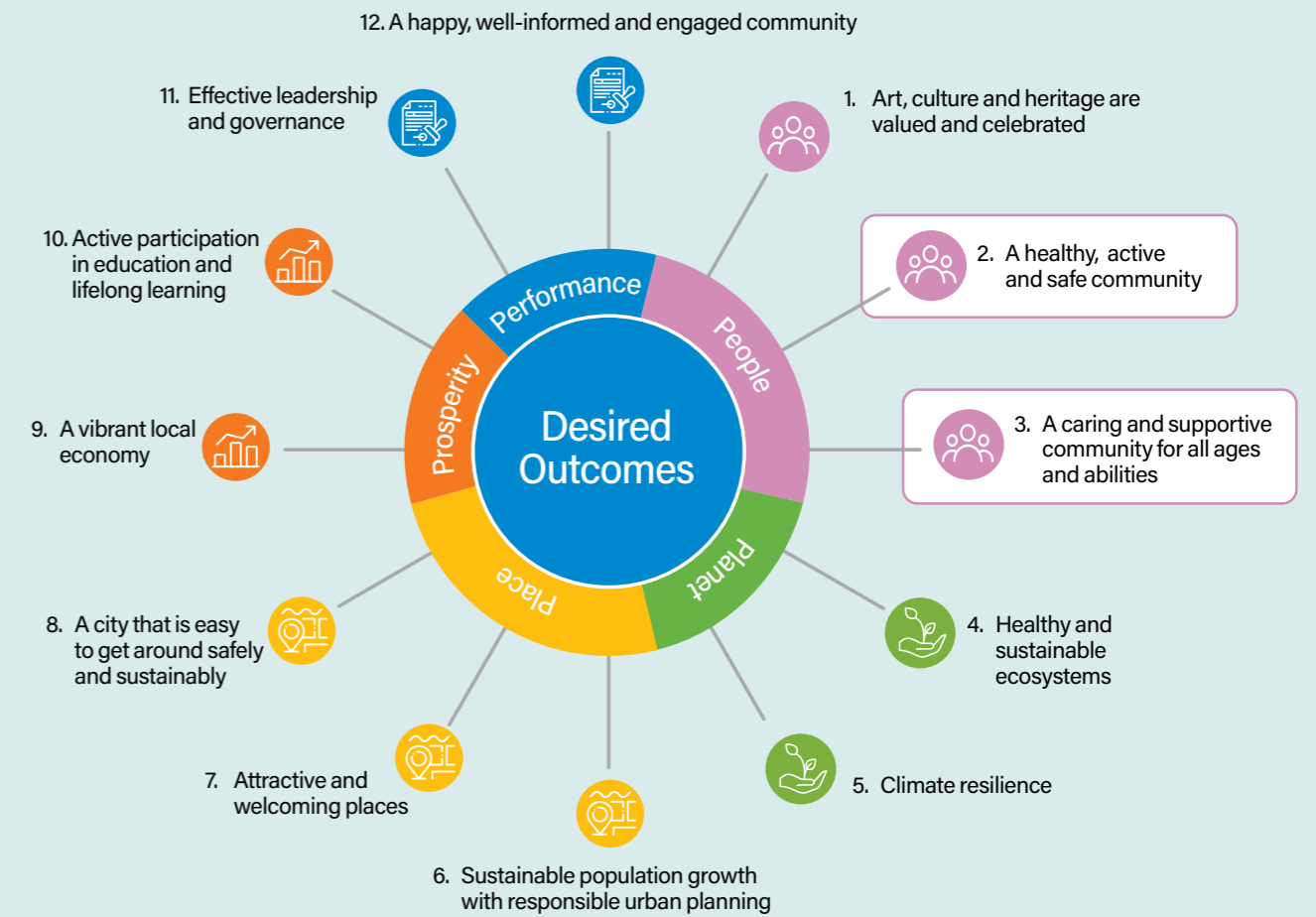


Figure 3. The City of Nedlands Council Plan Pillars and Desired Outcomes.



People

"We aspire to have a harmonious, inclusive and healthy community where people enjoy living through different ages and life-stages."

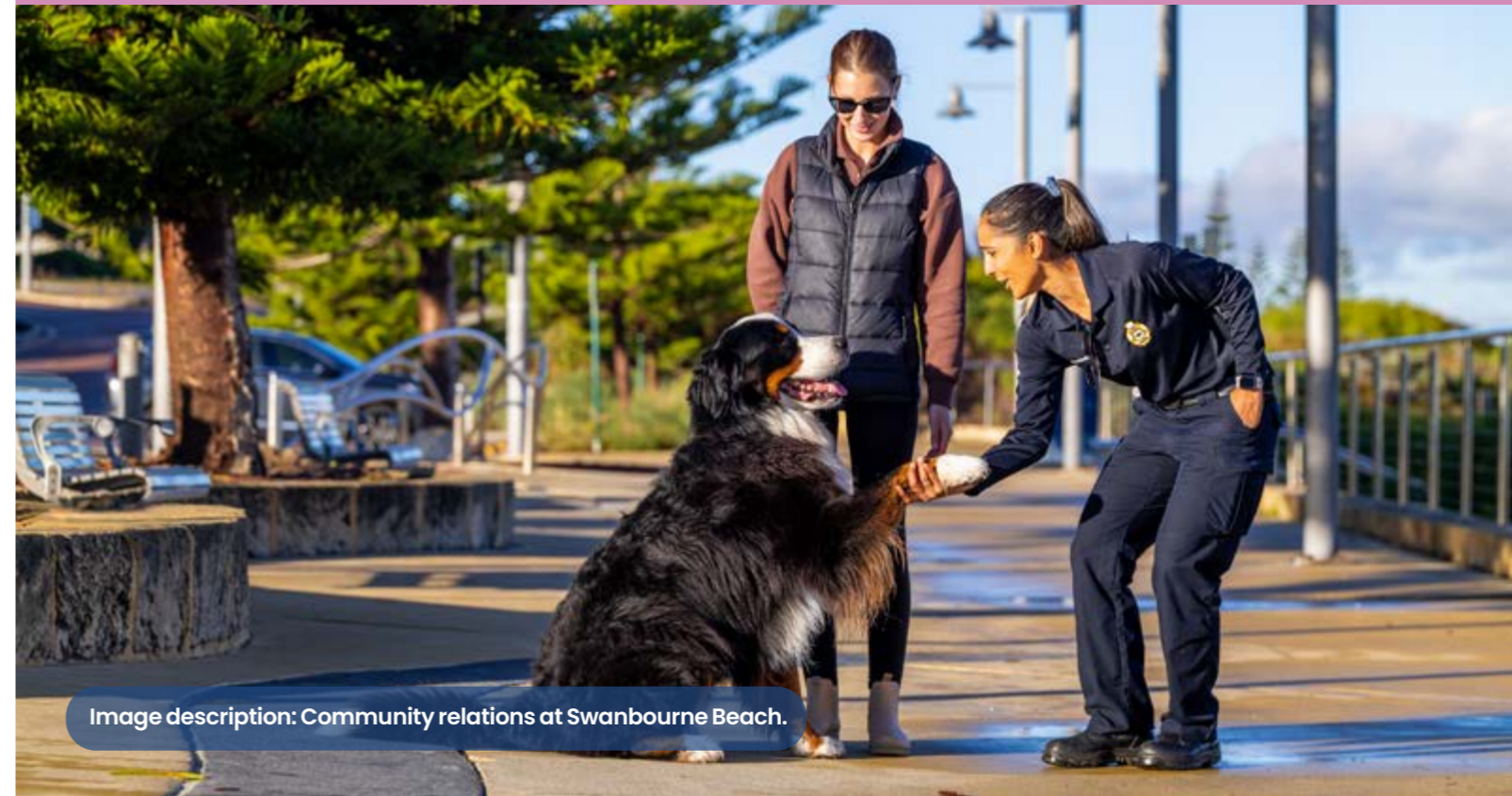


Image description: Community relations at Swanbourne Beach.

Background

What is public health?

The World Health Organisation (WHO, 2020) defines health as 'a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity.'

Health and wellbeing are driven by the interaction of individual characteristics and lifestyle factors, and the built, social, natural and economic environments within which people live. Factors such as income, racism, education, social networks, employment and housing heavily influence the health and wellbeing of communities and individuals. These are referred to by the WHO as the wider social determinants of health.

What are the State's public health objectives?

The State Public Health Plan identifies three main public health objectives to prioritise in Western Australia. These are:

- 1 Objective 1** – Empowering and enabling people to live healthy lives
- 2 Objective 2** – Providing health protection for the community
- 3 Objective 3** – Improving Aboriginal health and wellbeing

These objectives provide high level strategic direction that focus on the promotion, improvement and protection of public health and support for the delivery of preventative public health services.

What is the City's role?

Local governments are 'closest to the people' as they provide a range of services directly to the community, services which impact community health and wellbeing, and/or the social determinants of health.

Figure 4 depicts the relationship between the social determinants of health and the operations of local government generally.

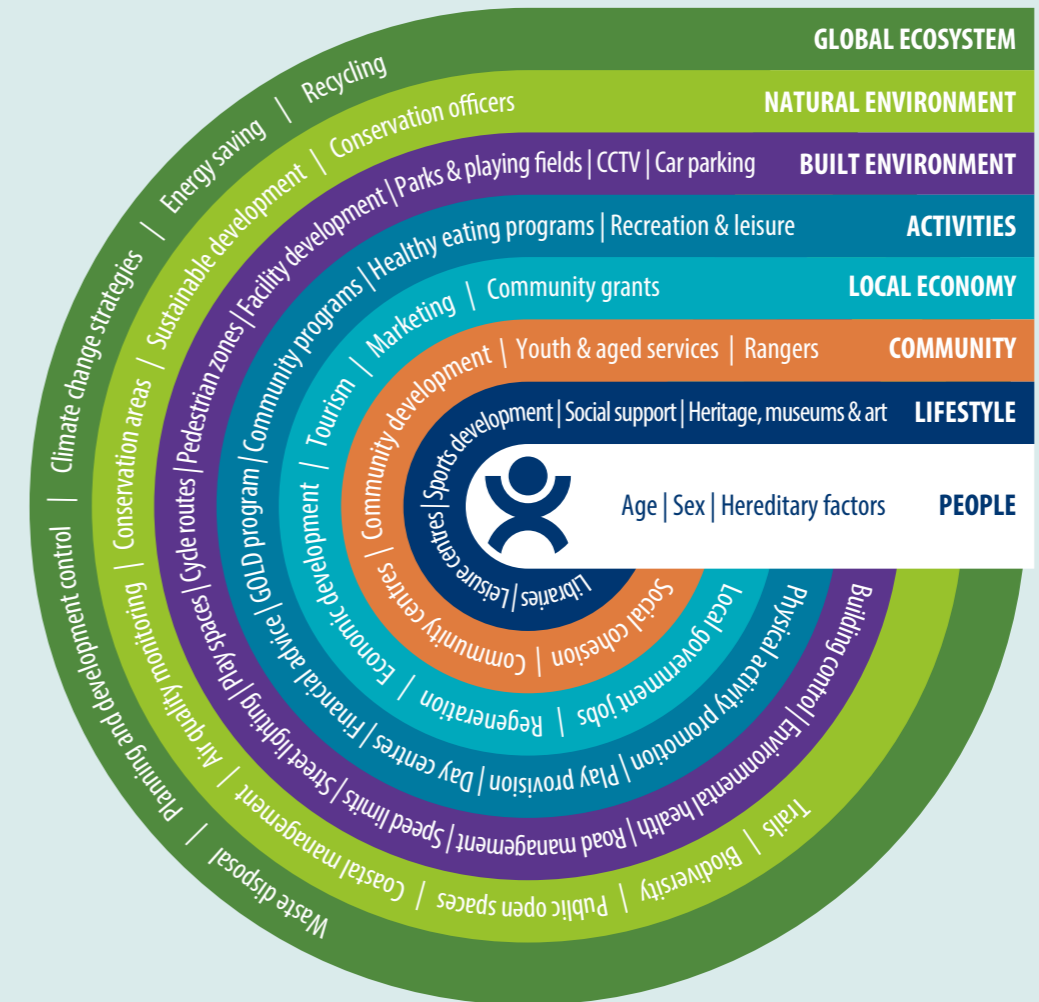


Figure 4: The social determinants of health as related to the work of local governments generally.
Source: World Health Organisation



"The greatest contribution to the health of the nation over the past 150 years was made not by doctors or hospitals, but by local government."

- Parfit J 1987, Health of a City: Oxford 1770 - 1974, Amate Press, Oxford.

Image description: David Crucikshank Reserve, sporting facilities.



Image description: Arboricultural work.

What are we already doing?

As part of ongoing business-as-usual operations the City delivers services, assets and activities which impact on health and wellbeing outcomes of the community, some of which are detailed below*.

People	Planet	Place	Prosperity	Performance
<ul style="list-style-type: none"> • Community Services • Community Development • Environmental Health Services • Ranger Services 	<ul style="list-style-type: none"> • Urban Landscapes, Parks and Conservation Services • Waste Management and Minamsation Services 	<ul style="list-style-type: none"> • Planning, Building, and, Transport, Development Services • Asset Management 	<ul style="list-style-type: none"> • Tresillian Arts Centre • Library Services 	<ul style="list-style-type: none"> • Community Engagement • Strategic Planning

* This is not an exhaustive list of the services, assets and activities provided by the City of Nedlands that impact on public health and wellbeing in the local area.

The City's Service Planning approach aims to continuously improve and enhance service delivery to the community.

Limitations of local government

It must be acknowledged that many factors affecting community health and wellbeing fall outside the role of local government and therefore many health services are delivered and/or facilitated by external agencies.

The City is committed to providing community health and wellbeing services aligned to the objectives in the State's Public Health Plan, however notes limitations with regards to local government provision of health and wellbeing services specific to 'Objective 3 - Improving Aboriginal health and wellbeing'.

The City acknowledges the health differences and needs between Aboriginal and non-Aboriginal populations and will provide support where possible that assist with improving the health and wellbeing of Aboriginal people.

Specific actions on this matter, however, are considered to fall outside the scope of this local Public Health Plan. The City will refer to the State Public Health Plan and the proposed City of Nedlands Reconciliation Action Plan (RAP) when addressing Aboriginal health and wellbeing matters in the local area.



Image description: Adult mosquito surveillance.

How the plan was developed

Pre-planning

- A project plan was developed to identify the scope and limitations for a City of Nedlands Public Health Plan.
- The project plan identified three public health pillars as the primary focus aligned to State Public Health Plan objectives and Council Plan desired outcomes.
- A working group was formed consisting of internal and external stakeholders to assist with development.



Desktop review

- A desktop review of the City's documents and key State level documents was undertaken.
- A mapping exercise was undertaken by officers to identify the public health initiatives routinely undertaken by the City, including those activities undertaken with partner agencies, that contribute to public health outcomes.



Community health and wellbeing profile

- A community health and wellbeing profile was undertaken including analysis of local public health and wellbeing current state and available data on the social determinants of health.



Delivery strategy

- Based on the desktop review, the mapping exercise and the health and wellbeing profile, achievable outcomes, objectives and actions were developed.



Draft Public Health Plan

- A draft Public Health Plan was developed and provided to the community and key stakeholders for comment.

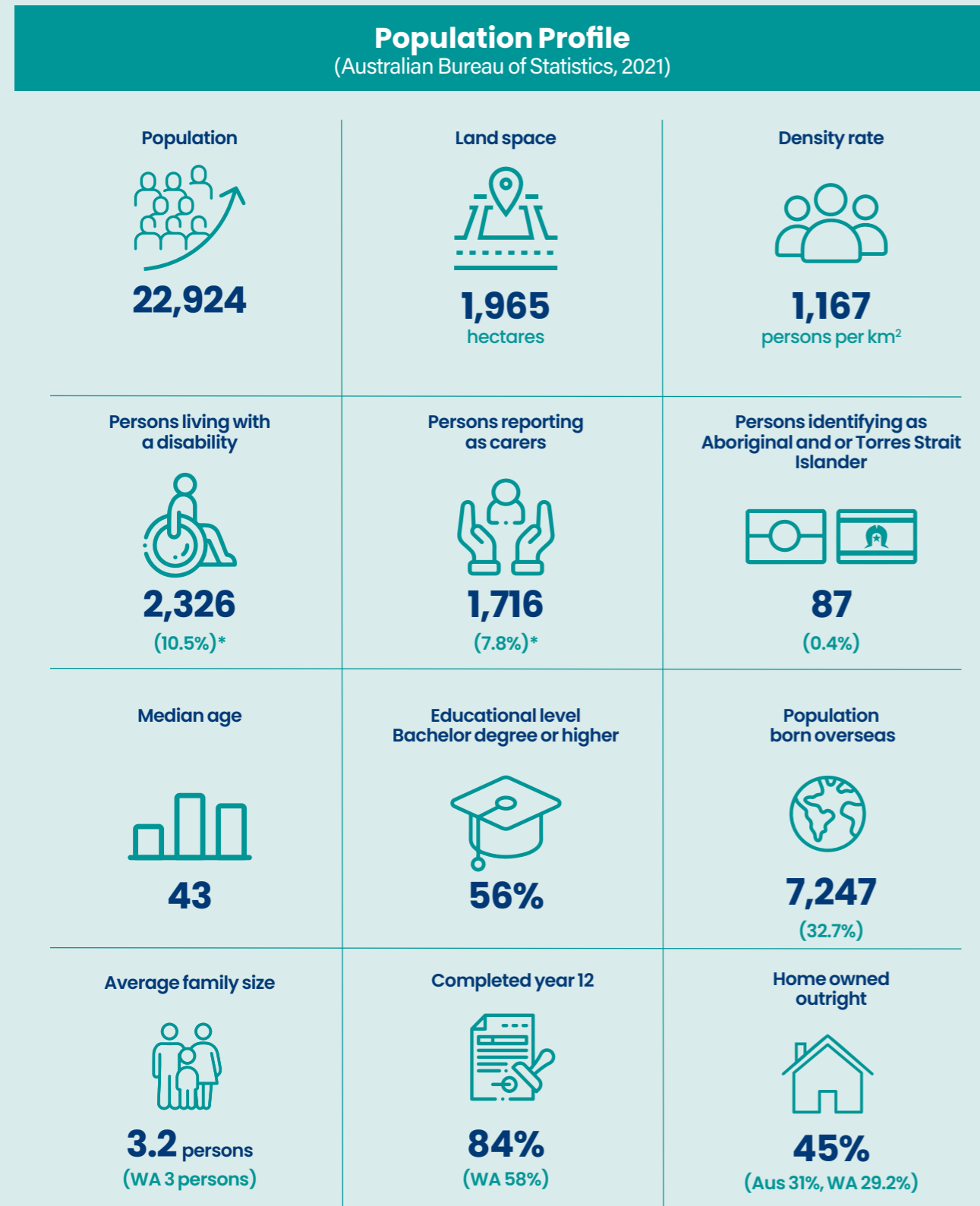


Final Public Health Plan

- The Public Health Plan was reviewed post community consultation and presented to Council for endorsement. Once endorsed, the Public Health Plan was circulated to key stakeholders where applicable and made available on the City's website.

City of Nedlands community profiles

The City's community enjoy a high standard of living, live in safe neighbourhoods, have stable employment, secure housing, are well educated and have easy access to services; like schools, transport, health and social services. These social determinants of health contribute to improved health and wellbeing.



*ABS Census, 2018

Community Health and Wellbeing Profile

(Department of Health, 2021)

Eat less than five serves of vegetables per day



90%

Drink at high risk levels for long term harm



1 in 4

Less than 150 minutes of physical activity per week



1 in 4

Spend 21+ hours per week in sedentary leisure time



33%

Current high blood pressure



20%

Current high cholesterol



17%

Arthritis



19%

Injury*



18%

Overweight



53%

Obese



17%

*In the last 12 months requiring treatment from a health professional.



Image description: Community members at Nedlands Foreshore.

Public Health Plan Strategic Framework

The City's Public Health Plan has been structured into a strategic framework consisting of three key pillars, each with related outcomes and objectives guiding the delivery of public health and wellbeing actions in the local area.

Pillars	Inspiring, empowering and enabling healthy living.	Prevention and protection for a healthier future.	Building resilient community health in a changing climate.
Outcomes	<ol style="list-style-type: none"> Improved health and wellbeing of our community. A more inclusive and connected community. 	<ol style="list-style-type: none"> Regulatory services are provided in accordance with statutory requirements. High standards of public and environmental health are maintained across the community. Health and wellbeing initiatives are identified and promoted. 	<ol style="list-style-type: none"> Built and natural environments support sustainable and healthy living. Emergency management arrangements are ready to activate.

The majority of actions detailed in this plan are undertaken as part of the City's:

- business-as-usual operations, including fulfilling legislative requirements
- Council Plan actions
- other Informing Strategies and Plans.

Any actions falling directly from the Public Health Plan and in addition to business-as-usual operations, are Operating Projects (OP). These will require additional funding to implement.

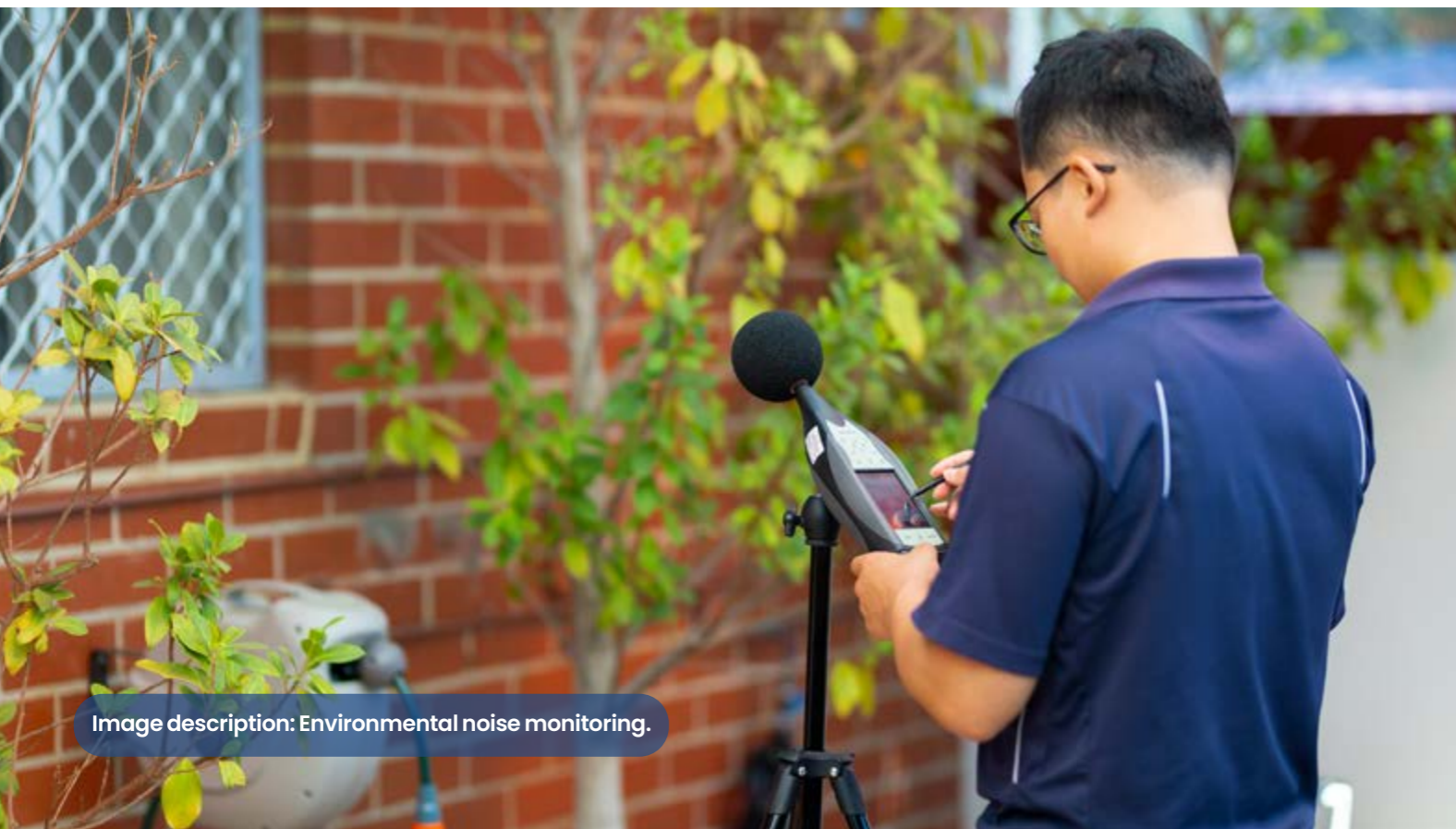


Image description: Environmental noise monitoring.

Delivery Plan

Key		OP	Operating Project
BAU	Business-as-usual	UFS	Urban Forest Strategy
CP	Council Plan	DAIP	Disability and Inclusion Plan

Inspiring, empowering and enabling healthy living

This pillar focuses on the significant opportunities to improve the health and wellbeing of our community by improving the surrounding environment to create vibrant, liveable neighbourhoods that offer a sense of belonging, culture and spirit, and by facilitating behaviour change to support people to lead healthier lifestyles and reduce injury.

Outcome 1 – Improved health and wellbeing of our community

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024–28
1.1 Provide opportunities and support for the community to lead active lifestyles.	1.1.1 Provide and maintain environments and opportunities to enable the community to lead active lifestyles.	Asset Management Strategy Urban Planning – Strategic Service Plan Asset Management Service Plan City Projects Service Plan Community Development Service Plan	Manager Urban Planning	BAU	Funded
	1.1.2 Facilitate and promote grant opportunities for local sporting clubs, groups and organisations to build their capacity to deliver health and wellbeing activities.	Community Programs and Events Service Plan Sport and Recreation Service Plan	Manager Community Development	BAU	Funded
	1.1.3 Promote local sporting clubs, groups and organisations.	Communications and Engagement Service Plan Sport and Recreation Service Plan	Coordinator Communications and Engagement	BAU	Funded
	1.1.4 Incorporate Heart Foundation Healthy Active by Design and Western Australian Planning Commission Liveable Neighbourhoods guidelines into relevant planning strategies plans and proposals.	Urban Planning – Strategic Service Plan	Manager Urban Planning	BAU	Funded
	1.1.5 Integrate health and wellbeing components into the designing of new and upgraded facilities.	Capital Works Program Asset Management Service Plan	Manager Assets	BAU	Funded
	1.1.6 Ensure the City's services and facilities are accessible and inclusive.	Disability, Access and Inclusion Plan Asset Management Service Plan City Projects Service Plan	Manager Assets	BAU	Funded

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024-28
1.2 Support opportunities available for the community to consume a healthy diet consistent with national guidelines.	1.2.1 Promote local, state and federal health promotion/ campaigns to increase community awareness of health risks and opportunities to adopt healthy eating strategies.	Communications and Engagement Service Plan Community Development Service Plan	Coordinator Communications and Engagement	BAU	Funded
	1.2.2 Provide statutory services which assist with the delivery of the Mt Claremont Farmers Markets.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	1.2.3 Provide guidance on healthy food and drink options into event funding guidelines.	Community Development Service Plan Environmental Health Service Plan	Manager Community Development	OP	Funded, planned 2023/24
1.3 Assist in the minimisation of the harm associated with tobacco, e-cigarettes and alcohol use.	1.3.1 Incorporate the banning of tobacco and e-cigarettes into user-agreements and leases.	Land and Property Service Plan	Land and Property Officer	OP	Funded, planned 2023/24
	1.3.2 Support State campaigns encouraging minimisation of the harm associated with smoking, e-cigarettes and alcohol use.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	1.3.3 Investigate methods within the authority of local government, that will prohibit the sale of e-cigarettes within the local government area.	Urban Planning – Statutory Service Plan	Manager Urban Planning	OP	Funded, planned 2023/24



Image description: Healthy food options – fruit in a bowl.

Outcome 2 – A more inclusive and connected community

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024-28
2.1 Recognise and celebrate local first nations peoples, places and stories.	2.1.1 Develop a Reconciliation Action Plan.	Community Development Service Plan	Manager Community Development	CP Action 1.2.1	Funded, planned 23/24
2.2 Provide and facilitate events, workshops and programs that bring community together.	2.2.1 Promote participation in volunteering, acknowledge and celebrate the efforts of volunteers.	Volunteer Services Service Plan	Manager Community Development	BAU	Funded
	2.2.2 Support the health and wellbeing of families and children.	Youth Development Service Plan Community Development Service Plan	Manager Community Development	BAU	Funded
	2.2.3 Provide events, activities and grants that connect local children, young people and their families with their local community.	Youth Development Service Plan Childcare Services Service Plan	Manager Community Development	BAU	Funded
	2.2.4 Provide a Positive Ageing Service to support people to age safely, happily with dignity and respect.	Positive Ageing Service Plan	Manager Community Services	BAU	Funded
	2.2.5 Advance opportunities, community participation and quality of life for people with a disability and their carers.	Disability Access and Inclusion Plan Community Development Service Plan	Manager Community Development	BAU	Funded



Image description: Youth development at Point Resolution Childcare Centre.

Prevention and protection for a healthier future

This pillar focuses on the provision of services which help prevent, reduce or eliminate the prevalence of many diseases, illnesses and injuries and build a healthier future. It includes the enforcement of public health legislation and standards, the management and implementation of surveillance and assessment programs and public information which are designed to provide clean air, safe food and water, and a hazard free environment.

Outcome 3 – Regulatory services are provided in accordance with statutory requirements

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024-28
3.1 Manage environmental hazards to protect community health.	3.1.1 Investigate a range of environmental parameters that manage risk to the public including animals, noise, pest control, air quality, litter/dumping and environmental nuisance.	Environmental Health Service Plan Ranger Services Service Plan	Manager Health and Compliance Services	BAU	Funded
	3.1.2 Provide solid waste collection and solid waste disposal services including domestic and commercial bin collection and bulk verge collection.	Waste Plan Waste Management Service Plan	Manager Assets	BAU	Funded

Outcome 4 – High standards of public and environmental health are maintained across the community

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024-28
4.1 Administer public and environment health legislation.	4.1.1 Provide regulatory services as legislated, including enforcing statutory responsibilities, that protect the community.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	4.1.2 Ensure development is compliant with legislative and policy requirements.	Environmental Health Service Plan Building Services Service Plan	Manager Health and Compliance Services	BAU	Funded
4.2 Maintain safe food and water.	4.2.1 Ensure food premises operate to required standards.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	4.2.2 Participate in Local Health Authorities Analytical Committee (LHAAC) food sampling regime.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	4.2.3 Ensure food safety resources are available to local food businesses.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
	4.2.4 Monitor publicly accessible aquatic facility waters and Swanbourne Beach to assess fit-for-use water quality.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded

Outcome 5 – Health and wellbeing initiatives are identified and promoted

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024-28
5.1 Assist the community to be better informed of health and wellbeing issues.	5.1.1 Facilitate community access to health and wellbeing information which is readily accessible and in a mix of formats.	Communications and Engagement Service Plan	Coordinator Communications and Engagement	BAU	Funded
	5.1.2 Raise awareness in the community of the health and wellbeing services provided by the City and how to access these services.	Communications and Engagement Service Plan	Coordinator Communications and Engagement	BAU	Funded
5.2 Maintain and improve partnerships with stakeholders engaged in communicable disease control activities.	5.2.1 Partner with stakeholders and the State Government to respond to and manage communicable disease control.	Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded
5.3 Support an inclusive and healthy workplace for City staff to promote physical and mental health and wellbeing.	5.3.1 Continue to provide programs which ensure the City is an employer of choice by providing a safe, supportive, interesting and rewarding working environment.	Workforce Plan Human Resources Service Plan	Manager Human Resources	BAU	Funded



Image description: Park facility maintenance – food preparation areas.

Building resilient community health in a changing climate

This pillar focuses on the climate crisis which poses one of the biggest threats to both the planet and the health of the people who live on it. The pillar aligns directly with the City's environment initiatives.

Outcome 6 – Built and natural environments support sustainable and healthy living

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024–28
6.1 Regulate and manage the built and natural environments to support sustainable and healthy living.	6.1.1 Prepare a Sustainability Strategy to guide the City's adoption of sustainability practices, improve community awareness and adoption of sustainable practices.	Urban Forest Strategy Integrated Transport Strategy Urban Planning – Strategic Service Plan	Manager Urban Planning	CP Action 5.1.1	Unfunded, planned 24/25 25/26
	6.1.2 Partner with and support community groups that promote environmental awareness and engagement with nature within environmental conservation areas.	Urban Forest Strategy Bushland Management Plans Environmental Conservation Service Plan	Coordinator Environmental Conservation	BAU	Funded
	6.1.3 Improve water management practices to achieve Gold Waterwise Status by 2025/26.	Parks Services Service Plan	Manager Urban Landscapes and Conservation	BAU	Funded
	6.1.4 Continue to increase the cover of the Urban Canopy (goal was by 10% towards the eventual target of 20% by 2028).	Urban Forest Strategy Arboriculture Services Service Plan City Projects Service Plan	Manager Urban Landscapes and Conservation	UFS Action 1.1	Funded
	6.1.5 Develop a planning policy to mandate sustainable practices to new builds.	Urban Planning – Strategic Service Plan	Manager Urban Planning	CP Action 6.1.3	Funded, planned 23/24 24/25
	6.1.6 Deliver a safe, sustainable road and foot path network.	Transport and Development Service Plan	Manager Assets	BAU	Funded
6.2 Support better waste management practices.	6.2.1 Improve the level of material either recycled or diverted from landfill either via education or new programs.	Waste Plan Waste Management Services Service Plan Communications and Engagement Service Plan	Manager Assets	BAU	Funded
	6.2.2 Encourage waste minimisation (reduce, reuse and recycle) in accordance with the City's Waste Plan.	Waste Plan Waste Management Services Service Plan Communications and Engagement Service Plan	Manager Assets	BAU	Funded
	6.2.3 Partner with waste collection contractors and processors to ensure efficient and effective collection and waste recycling practices to minimise waste going to landfill.	Waste Plan Waste Management Services Service Plan	Manager Assets	BAU	Funded

Outcome 7 – Emergency management arrangements are ready to activate

Objectives	Actions	Supporting Strategies and Plans	Lead	Action type	Funding 2024–28
7.1 Mitigate the impacts of public health emergencies through the management of environmental health risks that have the potential to affect the community.	7.1.1 Ensure internal emergency management prevention, preparation, response and recovery arrangements are in place.	Ranger Services Service Plan	Manager Health and Compliance Services	BAU	Funded
	7.1.2 Partner with relevant agencies (e.g. DFES, DoC) regarding emergency management arrangements via Local Emergency Management Arrangements (LEMA).	Ranger Services Service Plan	Manager Health and Compliance Services	BAU	Funded
	7.1.3 Providing conduit of State initiated emergency warning/information i.e. heatwave, pandemic.	Ranger Services Service Plan Environmental Health Service Plan	Manager Health and Compliance Services	BAU	Funded



Image description: Waste management in local parks.



Image description: Recreational water monitoring.

Resourcing

Resourcing of the Public Health Plan is largely determined by the linkages it has with the Council Plan and legislative requirements. Many of the actions contained within the Public Health Plan are funded through existing service planning and budget processes.

New projects (specific Operational Plans falling directly from the Public Health Plan) are dependent on funding being secured through a combination of Council and external funding.

Council funding, including the allocation of cash and reserves, is approved by Council when setting the annual budget each year.

External funding is dependent on securing grants, loans, or other funds.

Review Schedule

In accordance with the Act, the Public Health Plan must be amended or replaced at least every five years, unless amended or replaced sooner.

As such, the Public Health Plan will be regularly monitored and reviewed annually to ensure that the City's public health activities are aligned with the Council Plan, the State Public Health Plan and emerging public health needs of our community.

Epidemiological data will be reviewed as new data becomes available and where required, strategic framework and actions will be revised in-line with new evidence.

Monitoring and Reporting

Reporting will be provided on an annual basis to the Council and Chief Health Officer demonstrating the extent to which the City has successfully implemented the Public Health Plan in accordance with requirements under the Act.

Reporting of key delivery strategy actions will also be included in the City's Annual Report.



Image description: Adult mosquito identification.



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City of Nedlands